WHAT IS CLAIMED IS:

I. A battery comprising an anode, including an anode substrate and a layer of an anode active material, formed on said anode substrate, a cathode, including a cathode substrate and a layer of a cathode active material, formed on said cathode substrate, and an electrolyte, containing an electrolyte salt, wherein

said anode substrate and/or said cathode substrate include a resin layer containing a polymer and a metal layer containing electrically conductive metal.

- 2. The battery according to claim 1, wherein said resin layer includes one or more of an olefinic resin, a sulfur-containing resin, a nitrogen-containing resin and a fluorine-containing resin, as said polymer, and wherein said metal layer includes one or more of copper, nickel, titanium, stainless steel, iron and aluminum, as said electrically conductive metal.
- 3. The battery according to claim 1, wherein said resin layer includes one or more through-hole(s) extending from one major surface to the opposite major surface thereof.
- 4. The battery according to claim 1, wherein said metal layer is formed on each of said major surfaces of the resin layer by a thin film forming technique so that said metal layers are electrically contacted with each other.
- 5. The battery according to claim 1, wherein said polymer has a true specific gravity not less than 0.9 g/cc and not larger than 1.8 g/cc.
- 6. The battery according to claim 1, wherein said polymer has a thermal

conductivity not less than 3×10^{-4} cal/cm²·sec·(K·cm⁻¹)⁻¹.

- 7. The battery according to claim 1, wherein said anode contains a carbonaceous material as said anode active material and wherein said cathode contains one or more of transition metal oxides represented by the general formula M_xO_y , where M is one or more of transition metals, with $x\ge 1$ and $y\ge 1$, and lithium complex oxides represented by the general formula $\text{Li}_xM_yO_z$, where M is one or more of Co, Ni, Mn, Fe, Al, V and Ti, with $x\ge 1$, $y\ge 1$ and $z\ge 2$.
- 8. The battery according to claim 1, comprising said anode which is band-shaped, and said cathode which is also band-shaped, said anode and the cathode being coiled longitudinally with a separator in-between.